

Prevention of Interpersonal Abuse

Programme Director: Nisha Menzies Rao

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Duration of the course: 30 hours

Credits: 1

Fee: Rs. 4000/-

Course objectives

- Understand the psychological underpinnings of interpersonal abuse from the perspectives of survivors, perpetrators, and witnesses.
- Understand legal perspective with respect to each form of interpersonal abuse
- Apply the understanding to conduct workshops, training programmes, or engage in discussions on prevention of interpersonal violence in an in-depth and nuanced manner.

Syllabus

Unit 1: Introduction to Prevention of Interpersonal Violence (6 Hours)

Broad categories of violence; Nature and types of interpersonal violence; Relationship between interpersonal violence and mental health; Approaches and levels of prevention of violence

Unit 2: Child Abuse (6 Hours)

Broad Categories of Child Abuse

Child Sexual Abuse (CSA): Warning Signs of CSA, Types, Myths, Warning Signs of Abusers, Process of Grooming, Disclosure Studies pertaining to CSA, Methods to prevent, POCSO act

Unit 3: Domestic Violence, Intimate Partner Violence, Elder Abuse (6 Hours)

Domestic Violence (DV) and Intimate Partner Violence (IPV): Models, Types

Psychological Theories pertaining to DV and IPV

Elder Abuse: Types, Warning Signs, Risk Factors

Legal Perspective

Unit 4: Harassment in Educational and Work Setting (6 Hours)

Corporeal Punishment; Bullying in schools and colleges: Types, Bullying Cycle, Prevention methods; Workplace Harassment: Types, Risk Factors, Prevention Methods Legal Perspective

Unit 5: Cyber Bullying (6 Hours)

Types, Platforms for cyber bullying; Harmful effects, Methods of Prevention; Legal Perspective