

### Outreach Program

In pursuance with the Jesuit Higher Education, the highest authority on Higher Education in India, the University Grants Commission, has recognized the relevance and importance of the purpose and practice of 'Extension' as integral to the process of learning. It expects universities and colleges, given their knowledge, human resources and infrastructure, to become positive change-makers who would empower the marginalized of society.

In view of implementing recommendations of the UGC on Extension service and for promoting the vision of St. Joseph's Institutions of 'forming women and men for others,' the Outreach Program was made mandatory for our students from this academic year 2016 - 17. We are happy to place on record that students' participation in this program has been very encouraging. The Majority of the students have expressed that Outreach Program has helped them to understand the challenges and the problems faced by the disadvantaged and vulnerable sections of society and inculcated a sense of social responsibility in them to make meaningful interventions aimed at building a just and equitable society.

We had organized four forms for programs for the students this year 2016 - 17, namely:

#### *Rural exposure camps and planting of saplings in Raichur District*

The Post Graduate students were sent to Manvi, Raichur for the Rural Exposure camps. During these camps, they have planted over 1,500 saplings in St. Xavier School campus, Manvi town. Apart from planting, they were also sent to villages and slums to interact with common people. These visits have helped them to become aware of various forms of discrimination suffered by Lambanis, Devadasis and dalits in the periphery of our society.

*"In general Outreach Programme has enriched the lives of our students and inspired them to serve people who are in need of help. It has also helped them to move out of their comfort zones and contribute their share for the well being of the society. Many students have expressed that more than "doing" or "giving" something to others; this program has helped them to discover their own inner potential and motivated them to become persons for others"*

Vishaka V Warriar 2 SEM MA Political Science





## ***2. Tuition classes for the students of Government Schools.***

The students of Commerce Sections were sent to 20 Government Schools on weekdays to take tuition classes for the school kids. The Staff and students of these schools are very appreciative of the services rendered by our students. Most of the staff members have shared that our students have succeeded in motivating the school kids to do better in their studies. Reversal of roles (as students in the college and teachers in Government schools) has helped our students to become more disciplined and organized.

List of the Government schools

- 01. Govt. High School – Dommaluru –**
- 02. Govt. Higher Primary School - Ejipura**
- 03. Govt. Higher Primary School – Madiwala**
- 04. Govt .Higher Primary School – KSRP Koramagala**
- 05. Govt. Higher Primary School - Ventapura**
- 06. Govt. Higher Primary School – Jaksandra**
- 07. Govt .Higher Primary School - Koramangala**
- 08. Govt. Higher Primary School – Akitimanahalli**
- 09. Govt. Higher Primary School – Lakasandra**
- 10. Govt. Higher Primary School – Lalbagh – Sidapur**
- 11. Govt. Higher Primary School**
- 12. Bon Soccur High School**
- 13. St. Euphrasias High School – Albert Street**
- 14. St. Patrick’s High School – Brigade Road**
- 15. Govt . Higher Primary School – Vivek Nagar**
- 16. Franciscan Institute Higher Primary School**
- 17. Franciscan Institute High School**
- 18. Govt. Higher Primary School**
- 19. Govt. Higher Primary School**
- 20. Govt. Primary School**

“Since our main event was teaching, we taught students few topics under core subjects. Then we conducted small indoor games for the students in the classrooms and made them have good fun time. The students showed interest in studies as well as in other activities. I was accompanied by 6 of my classmates who were also part of the outreach program. We divided ourselves into different sections and took classes for a span of 1 hour. We were asked to teach only core subjects by the Principle. We taught social, science, mathematics and sometimes conducted general knowledge quiz for the students. This was our week task-table in the school. On the last day, we planned a different activity where few students gave review and feedback about our teaching and we also narrated small stories to the students which added to the beauty of the concluding day. In brief it was these activities which made us get-to-know more about our surroundings and improve our social life.” I B.COM C SJCC





### 03. Charitable Institutions (Old Age Homes, Refugee Home, Children's Homes, Home of Hope, etc.)

The students of Physical Science students were sent to different Charity Homes on weekends. Their visits to the Orphanages, Old Age Homes and Homes for destitute has helped them to understand the miseries and pains the people of disadvantaged sections of society suffer. Many students have expressed their desire to visit these places voluntarily (outside the Outreach hours) and provide much needed emotional comfort and accompaniment for the inmates of these homes.

#### Charitable Homes visited by the students

1. Sishu Bhavan - Lingarajapuram
2. Home for the Aged - Little Sisters of the Poor - Hennuru
3. Guenella Preethi Nivas - Home for the Aged - Kothanur
4. Infant Jesus Children's Home - Kothanur
5. Home of Hope for Men - Kothanur
6. Home of Hope for Women - Kothanur
7. Home of Hope for Children - Kothanur

“Home of hope the word says it the entire place where people stay comfortably with faith and hope and their fellow beings. This place was truly a blessing if we hadn't visited this place. We would have really missed something great in life. Each individual in home of hope have their problem and by hearing all it really pains a lot in our heart. We learnt a lot of things from them.

We were personally happy as well as sad, happy because we comforted a lot of them and sad because they dint have their loved ones with them. Each person's story was so touching we didn't feel like coming back from there their pain all this made us get closer to God and thank him every day of our life for blessing us.

We truly enjoyed this outreach programme and thank all those who coordinated with us.” **IB.COM D SJCC**









## 04. Eco-drive and helping the traffic police at the traffic signals

The students of Humanities Section were sent to 12 major traffic signals of Bangalore city to spread ecological awareness and to help the police to ease the traffic congestion during the peak hours. Student's involvement in this venture has helped the public – especially the pedestrians and the differently-abled – a great deal. The traffic police are highly appreciative of the commitment and discipline shown by Josephites in carrying out the tasks assigned to them at the traffic signals.

### Traffic Awareness Programme

#### Traffic Signals

- 1 Shanthinagar Junction
- 2 Richmond Circle
- 3 Cash Pharmacy Signal
- 4 Ashirvadnam Signal
- 5 Brigade Road Signal
- 6 MG Road - Kavari Emporium, Signal
- 7 Life Style Signal
- 8 Vellora Junction
- 9 Johnson Market signal
- 10 Nanjappa Circle

**Objective:** This outreach programme was co-ordinated and conducted by Dr. Issac. The objective was to create awareness in the society regarding the various traffic rules that have to be compulsorily followed like wear helmet while driving, do not drink and drive, not to use phones while driving and riding, pillion riders must wear a helmet. All these rules help us a lot in different situations of life. It also creates awareness among people not to go against the rules and follow them by helping the society to build in a strong manner.

**Experience:** It was a good learning experience and there was unbelievable satisfaction in imparting our limited knowledge about the different traffic rules that must be followed to the laymen. The experience was a very fun filled one with friends. We thoroughly enjoyed being a part of this.

**Learned:** We think it is very important for the youth of today to strictly abide by the rules and to avoid the consequences that would be followed if they do not. We as students loved being a part of this programme and learning a lot of new things about our city, the rules that our city follows, the changes that can be implemented. Now it's truly on our part to follow all these rules and make some good changes in the society. We hope that still more programmes would come like this then it would be an opportunity for us to make the best use of all these and implement it in our daily life.

Thank You  
Prashant I B.COM "E"







**The Natural Science students conducted several cleanliness drives in Lalbagh Botanical Garden.** Their services were highly appreciated by the Administrators of the Garden and the public at large. It was mainly because of the efforts of our students a large area of Lalbagh Garden has now become litter free. The Cleanliness drive has also provided us an opportunity to network with an NGO called Beautiful Bengaluru. In collaboration with several others NGOs, we are planning to undertake several other bigger projects in future to spread cleanliness drive in Bangalore.







“I think it is of utmost importance all students of this college head there, and realize the depravity of the unconcerned Indian spirit. Political parties led by chaiwallahs and immigrants shriek about cleaning up this country, aka “Swatch Bharat” or whatever. Working at Lalbagh will make you realize, how much of a litterbug every single one of you is. It will make you see how less the government is allocating for waste disposal and cleanliness. Ultimately, it shall make you a better person. But first, you'll need to get down and dirty with junk that others else like you threw away, hoping it wouldn't be noticed.”

Vinayak2SemCBZ

#### OTHER ACTIVITIES-

**Join hands with any social issues and organized a silent protest and rallies. Last year 2015 - 16 we actively participated when there was problem in Hyderabad and Delhi universities**

#### ROHIT VEMULA





**We have joined hands with Beautiful Bengaluru to keep our city clean, green and safe. In this line will be planting saplings, participate in traffic awareness programme, of Good Samaritan Law and organise cleanliness drives.**



Plan for the year 2016 – 17

We are planning to join hands with some like minded citizen forums and NGO's to encourage our programme. In view of this plan in we have contacted :

- 1. WOMEN'S Voice – in collaboration with them we will be teaching to the slum Children of Siddapura slum . We have identified five centres within this slum and our Post Graduate students will work in these centres.**
- 2. We have visited three graveyards of Christians, Hindus and Muslims in Shanthinagar. We are planning to conduct tuition to children of grave diggers in graveyard premises.**
- 3. In collaboration with Eco Team of Bangalore we plan to spread awareness with regard to harmful effects of plastic materials and help in banning plastic.**
- 4. We plan to take students to HIV Positive children at Snahadan and cancer patients at Karunayshraya.**
- 5. We are studying the possibility of joining hands with KILL BILL Movement to make our city walls of public premises clean.**

We were also invited by the MBA sections of Christ University to share our experience about Outreach Programme. Christ University has also planned to make it mandatory for their 650 MBA students put in 15 hours of community service in two years.

We have also used our old exam answer papers in collaboration with WOW Bangalore – ITC group to recycle and produce note books to distribute to the students of primary schools administered by the Govt. of Karnataka.